



HEALTH & WELLNESS PASS



For Scholarship recipients only.



Combines Senior Activity Pass, Rec Center Pass and Aquatics Pass.



This pass provides free access to basic services offered by the parks and recreation department.



Locations include EMNECC, NRRC, Plumas Gym, TPPAC, NW Pool, Idlewild Pool and Traner Pool.

PROGRAM/ACTIVITIES		SENIOR ACTIVITY PASS	HEALTH & WELLNESS PASS
Social Interaction	Baggo	X	X
	Ballroom Dance	X	X
	Beanbag Baseball	X	X
	Bingo	X	X
	Board Game Day	X	X
	Book Club	X	X
	Bridge (Card Game)	X	X
	Bunco	X	X
	Card Games (Various)	X	X
	Conversation Cafe	X	X
	Cribbage (Card Game)	X	X
	Dominoes	X	X
	Health, Wellness and You	X	X
	Mahjong	X	X
	Minnesota (Card Game)	X	X
	Pinochle (Card Game)	X	X
	Shuffleboard	X	X
	Sit and Get Fit	X	X
	Sunshine Quilters	X	X
	The Voices	X	X
This-N-That Exchange	X	X	
Ukulele	X	X	
Physically Intensive	Lap Swim/Water Walking		X
	Open Swim		X
	Open Gym - Basketball		X
	Open Gym - Pickleball		X
	Fitness Center Workout Rooms		X

