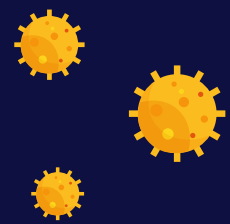


COVID-19

CORONAVIRUS



PROTECT YOURSELF AND HELP PREVENT THE SPREAD

WHAT IS CORONAVIRUS COVID-19?

A respiratory illness that can spread from person-to-person; first detected in Wuhan, China, but has now spread to most countries in the world

WHAT ARE SEVERE COMPLICATIONS?

Some patients have pneumonia, multi-organ failure and in some cases death

SYMPTOMS

Symptoms appear 2-14 days after exposure

- Fever (above 100.4° F or 38° C)
- Cough
- Shortness of breath

IS THERE A VACCINE?

No, so far there is no vaccine

WHO IS AT HIGHER RISK?

- Older adults (age 60 and older)
- People with medical conditions:
 - Heart disease
 - Lung disease
 - Diabetes
- People who have been in close contact with a person infected with COVID-19
- People who have recently been in an area with increased risk of exposure

IF YOU SUSPECT INFECTION

- Contact a doctor or healthcare provider immediately
- Stay at home and isolate yourself from others to prevent further infection



WASH YOUR HANDS

- Wash your hands with soap and warm water for at least 20 seconds
- Use alcohol-based hand sanitizer if soap and water aren't available



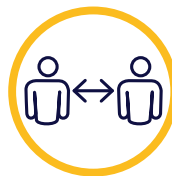
AVOID TOUCHING YOUR FACE

- Avoid touching eyes, nose or mouth with unwashed hands



COVER COUGHS AND SNEEZES

- Cover your cough with a tissue or use the inside of your elbow
- Throw used tissues in the trash
- Immediately wash your hands



KEEP YOUR DISTANCE

- Avoid close contact with people who are sick (6 feet or 2 meters)



STAY HOME IF YOU ARE SICK

- If possible, avoid going to work, school, public areas and using public transportation if you are sick



CLEAN SURFACES DAILY

- Clean and disinfect counters, tabletops, toilets, phones, keyboards and bedside tables



FOR MORE INFORMATION:
[RENO.GOV/COVID19](https://reno.gov/covid19)

