

**Reno's New
Misdemeanor
Co-Occurring Mental Health and Substance Abuse Disorder
Specialty Court**

Program description: Reno Municipal Court is now accepting referrals for their new **Co-Occurring Mental Health and Substance Abuse Disorder Specialty Court**. This new court has been added as a way to enhance the Courts' existing adult drug courts. The goal is to help defendants with co-occurring disorders, integrate services, and fill a gap in services for offenders charged with DUI or Domestic Violence.

Since February 2011, we have helped 42 clients start their way toward recovery.

- We plan to serve about 60 people a year in our program.

- Our program offers AT NO COST TO YOU a full array of services including:

- Assessment & screening
- Outpatient services
- Individual case management
- Medication monitoring
- Probation monitoring
- HIV screening

- Referrals can be made by anyone; judges, attorneys, and officers who identify a person who has a substance abuse history AND, who indicate a history of mental health needs. Referrals must have a criminal case pending with Reno Municipal Court

- Participants must have a multi-axial diagnosis by a licensed psychologist to include Axis 1 depression, substance abuse (social, phobias), OCD, bipolar, schizophrenia, PTSD, anxiety



- Our program is designed to help your referrals get access to fast, quality psychiatric, medical and mental health treatment. Our clients get immediate psychiatric care when they enter the program. Clients are able to continue treatment after they graduate our program.

- Clients receive individual and group treatment to help them develop ways to manage mental health and substance abuse problems on their own.

- Please give Mary Baker a call at (775) 334-3092 to answer any other questions you may have, or help with your referrals.

To illustrate just how we help each of your referrals, on the reverse side of this factsheet I have outlined our intensive one-year treatment process. As the director of clinical services, count on me to assure each of your referrals receives timely and effective treatment.

Lisa Keating, Ph.D.

Lisa Keating, Ph.D., Clinical Director

RENO MUNICIPAL COURT
 MISDEMEANOR CO-OCCURRING MENTAL HEALTH AND SUBSTANCE ABUSE DISORDER SPECIALTY COURT (COD)
 RECOVERY PHASE SYSTEM

February 2012

A Year of Recovery... at Reno Municipal Court



Phase 1

- Orientation
- 45-90 days

Phase 2

- Committing to Recovery
- 120 -150 days

Phase 3

- Building Support
- 90-120 days

Phase 4

- Relapse Prevention & Aftercare
- 60-90 days

- Individually-tailored treatment plan and supportive services determined
- Referred to treatment services, treatment begins
- Psychiatric consult & need for medication established; prescription filled and meds begin, if needed. Substitute medications for any disallowed prescriptions
- Self-help meetings begin.
- Electronic monitoring of sobriety as ordered. Intense drug & alcohol testing
- Frequent home visits & probation appointments
- Weekly court reviews

- Continuation of treatment and supportive services as needed
- Identifies and understands consequences of continued use, and takes responsibility for same
- Clean & sober living environment
- Community service is performed
- Random alcohol & drug testing. Continued probation supervision, home visits
- Reduction of court reviews to every other week

- Develops insight into co-occurring disorder
- Develops sober support network. Works toward improving relationships with family and "significant others"
- Volunteers or actively seeks employment, job training, education, or structured daily activities
- Begins paying fines/fees and other charges
- Random alcohol & drug testing
- Reduction of monthly probation appointments. Reduction of court reviews to one per month

- Reducing treatment
- Develops comprehensive relapse prevention plan to include long-term recovery needs and aftercare program
- Random alcohol & drug testing
- Probation supervision reduced to one personal contact monthly
- One court review per month
- Team and clinician recommendation with court approval of requirements for graduation



EXIT CRITERIA:

- No less than 6 consecutive weeks attendance at treatment
- Attending 5 self-help meetings per week and seeking a sponsor
- Met with psychiatrist, taking medication, if needed. Use of disallowed substances discontinued
- Compliance with downloads of electronic monitor and/or drug/alcohol testing
- Compliance with probation conditions
- No missed court reviews

- Actively engaged in treatment-(No instances of "no call/no show")
- Clinician endorses that client demonstrates an understanding of the basis of client's addiction and mental health issues
- Attending self-help groups (5 weekly or as ordered); sponsor obtained; actively involved in self-help
- Continued compliance with psychiatric treatment & medication, if needed
- Community service concluded
- Setting boundaries with substance abusing peers and partner; and, if necessary, reassessing living situation and seeking drug/alcohol free environment
- Demonstrating appropriate daily living skills, interpersonal skills, and leisure activities
- Maintaining sobriety. Full compliance with probation conditions
- No unexcused court absences

- Full compliance with treatment & medications, if needed, as recommended by clinician
- Actively involved in self-help. Relationships with family, others improved or re-established
- Performing volunteer work or obtaining employment, job training, educational program or structured daily activities
- Maintaining appropriate daily living skills, interpersonal skills, and leisure activities
- Maintaining sobriety
- No missed probation appointments or "unexcused" court reviews.

- Attended all treatment, medical, support services appointments. (No instances of "no call/no show")
- Treatment appointments reduced
- Continuing self-help
- In process of, or have accomplished, implementing plan for employment, training, education or living activities
- Completed a written relapse prevention and aftercare plan approved by counselors and Team members
- 100% negative drug/alcohol tests
- All court fines/fees and other charges paid in full